

PRESIDENT GEORGE H.W. BUSH

PORK RINDS WITH TABASCO

UNKNOWN

5 MINS
PREP TIME

0 MINS
COOK TIME

INGREDIENTS

- 1 bag pork rinds
- Tabasco

INSTRUCTIONS

1. Mix ingredients to taste

NOTES

According to close associates, Bush's truest loves were ultra-processed pork rinds—best served with a generous shake of Tabasco—and popcorn, with the debate over which he preferred never quite settled. Beef jerky and crushed Butterfinger bars rounded out his snack drawer.

If you buy microwave popcorn, look for lower sodium and saturated fat. Or prepare your own using an air popper or pop in oil in a large pot. Add melted butter or margarine, salt, or be adventuresome with other seasonings.

NUTRITION PER SERVING

Read Nutrition Facts labels carefully and choose pork rinds or popcorn that is lower in saturated fat and sodium, if available.